

## 4/13-4/17 Middle School Online Learning Work

All work in the yellow column should be completed daily. All work in the green column is due by Friday. All work in the purple column is due when we return to school. If you have any questions about any of the work, please contact the teacher for that subject. Thank you!

Subject	Daily Work	Weekly Work (due Friday)	Projects (due when we return to school)
<b>Physical Education</b>	<p>Join the P.E. Google Classroom found at class code <b>x6lokwy</b>.</p> <p>Complete one of the fitness, stretching, yoga, or other activities posted in the google classroom. Leave a ranking (1-5) for the workout you complete in the comments.</p>	<p>Leave a ranking for at least 3 activities that you have completed.</p> <p><b>State Goal 19.A.3b</b> Participate daily in moderate to vigorous physical activity while performing multiple movement patterns consistently with additional combination movement patterns.</p> <p><b>State Goal 20.A.3b</b> Identify and participate in activities associated with the components of health related and skill related fitness.</p>	<p>Create a list of your favorite exercises from each workout you complete over the break.</p>